

There are several activities for youth (under 18) and young adults (over 18) in the Archdiocese:

Youth (under 18)

We are running youth days for those aged 10-14 every two months in different locations across the Archdiocese. The days include faith input, prayer, sports, games and pizza. Parents can book their children, and group leaders can register [here](#). A write-up and photos of our most recent day can be found [here](#).

Young Adults (18-35)

St George's Cathedral hosts weekly events for young adults, including prayer, talks and socials, and a Young Adults' Mass/social with a guest preacher at 6:00 pm on the first Sunday of every month. You can find details of this and other young adult events at St George's Cathedral on [Facebook](#) and [Instagram](#) @stgeorgesya

Training

We aim to assist parishes in starting and developing existing local-level youth and young adult ministry. To that end, we are introducing training seminars. Our first took place on Saturday, 27 April, at St George's Cathedral, and a write-up is [here](#). There will be several of these days each year. For details of these, please join the Youth Network [here](#).

CYMFed Flame Congress

We are excited to join the *CYMFed Flame Congress* on Saturday 15 March 2025, the largest Catholic youth event in the UK. The Flame theme is "*Unstoppable – Fan the Flame of Hope*". The event features guest speakers, praise and worship, Eucharistic Adoration, and much more!

- Flame is open to those from school year 9 through to university age.
- The Archdiocese has purchased a block booking.
- Group Leaders from our schools, parishes and universities can book [here](#).
- The early-bird price is £29, payable by 1 August 2024.
- Please direct any queries to youth@rcaos.org.uk.

A parish newsletter insert is below:

Southwark Catholic Youth Service

The Southwark Catholic Youth Service has several activities in 2024 for youth and young adults. For regular updates on forthcoming events, please sign up to our network at www.tinyurl.com/scysnetwork

Please direct any queries regarding our youth activities to youth@rcaos.org.uk