

Marathon Runner

Paul Carter ran the Brighton Marathon on Sunday 6th April and has raised a massive £1237.50 for our Community Hub.

Thank you to all those who attended our Race Night on Friday 25th April and for those who sponsored a race.

1st Call Aerials, DK Electrical Services, Brande Enterprises, NRAD, Ricky Ovenden, Steve Morgan and Broadacre B&B

Romney Marsh Community Hub.

Friday 6th – Cancer Peer Support Group Meeting - 2-3:30pm.

Wednesday 11th – Diabetes Peer Support Group Coffee & Catch Up - 1:30pm-3:30pm.

Friday 13th – Ex Armed Forces Drop In - 10am-12noon.

Wednesday 18th – Hallett & Co Solicitors – 10am-1pm. Will be holding legal advice surgery.

Wednesday 18th – Creative Writing with Emma Batten – 1:30pm-3:30pm - **£7.**

Wednesday 18th - Cancer Peer Support Group Coffee & Catch Up – 9am-10:30am.

Friday 20th – Ascot Ladies Day – Afternoon Tea, Best Hat Wins - 2pm-4pm - **£12.**

Wednesday 25th - Diabetes Peer Support Group Meeting - 1:30pm-3:30pm.

Friday 27th – Ex Armed Forces Breakfast Club - 9am-11am.

Mondays – Crafty Club and Games Club – 1:30pm-3:30pm - **£3.50 each.**

Tuesdays – Walking Group – 10am-12noon - **FREE**

Tuesdays – Yoga – 11am-12noon and Pilates – 3pm-4pm - **£7 each.**

Thursdays – Fitness – 2pm-3pm, Line Dancing – 4pm-5:30pm, Yoga – 4pm-5pm - **£7 each.**

Fridays – Legs, Bums & Tums – 9:30am-10:30am and Seated Exercise – 11am-12noon - **£7 each.**

1st Wednesday of the month – Stroke Peer Support Group Meeting - 1pm-2pm – **FREE.**

2nd Wednesday of the month – Arthritis Peer Support Group Meeting - 1pm-2pm – **FREE.**

Hub on the Beach, 103 Coast Drive, Littlestone.

Friday 20th – Look Good, Feel Better – Contact RMCH for more details.

3rd Wednesday of the month – Bereavement Peer Support Group - 1pm-2pm – **FREE.**

Mondays – Yoga - 11am-12noon, Pilates - 6pm-7pm and Fitness - 7:15pm-8:15pm - **£7 each.**

Tuesdays and Thursdays - Seated Exercise - 3pm-4pm - **£7.**

Wednesdays - Legs, Bums & Tums - 9:30am-10:30am, Fitness Pilates - 11am-12noon and Seated Tai Chi - 3pm-4pm - **£7 each.**

Thursdays – Yoga – 9:30-10:30am - **£7.**

Fridays - Sunflower Singing Group – 1:30pm-2:30pm - **£7.**

Saturdays – Washinkai Karate - 10:30am-12noon – Adults - **£7**, Under 16 - **£5.**

Wing Walking Experience

A very brave and wonderful volunteer of ours, David Stokes, has chosen to do a Wing Walking Experience at Headcorn Aerodrome on Friday 1st August at 2pm in aid of the Romney Marsh Community Hub and Hub On The Beach.

If you would like to help support David with his

Wing Walk please pop in to our reception and make your donation.

For further information and bookings please check our website/Facebook page or contact us on 01797 36388 for the Community Hub or 01797 458876 for Hub On The Beach or book online at bookwhen.com/HOTB